

TULIPS: For better Parkinson's Care



TULIPS

for better
Parkinson's Care

T Time

Parkinson's disease causes people to move slowly. It may take more time to walk, rise from a chair, carry a tray or put on a coat. Give people with Parkinson's extra time to complete these tasks.

U Understanding

People with Parkinson's sometimes have difficulty moving. This is due to changing responses to medication. Be understanding and offer more assistance when needed.

L Quality of Life

It is important for people with Parkinson's to remain physically, mentally and socially active to maintain the best quality of life.

I Increased Awareness

Symptoms of Parkinson's disease include slow movements, tremors, muscle stiffness and changes in posture and balance. Some people also notice smaller, cramped handwriting; depression; difficulty walking muffled speech; changes in thinking; or loss of automatic facial expressions.

P Pills on Time

People with Parkinson's must take their pills on a regular schedule. Taking pills late may cause more difficulty with movement or an increase in other symptoms.

S Support

Take time to listen and provide assistance to people with Parkinson's. It helps to give them needed support and friendship.

Do you or a loved one have Parkinson's Disease and could benefit from a caregiver trained the special needs of the Parkinson's patient? **We are here.** Let us customize a care plan that fits your needs. Call for a free assessment at **847-548-1330**.

TULIPS for Better Parkinson's care was developed by Struthers Parkinson's Center.

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