

Stroke: Act F.A.S.T



If you think someone may be having a stroke, act F.A.S.T. and do this simple test:

Act F.A.S.T.

Face

Ask the person to smile.

Does one side of the face droop?

Arms

Ask the person to raise both arms.

Does one arm drift downward?

Speech

Ask the person to repeat a simple sentence.

Are the words slurred? Can he/she repeat the sentence correctly?

Time

If the person shows any of these symptoms, time is important.

Call 911 or get to the hospital fast. Brain cells are dying.

Stroke Symptoms Include:

SUDDEN numbness or weakness of face, arm or leg - especially on one side of the body.

SUDDEN confusion, trouble speaking or understanding.

SUDDEN trouble seeing in one or both eyes.

SUDDEN trouble walking, dizziness, loss of balance or coordination.

SUDDEN severe headache with no known cause.

Call 9-1-1 immediately if you have any of these symptoms

Source: National Stroke Association <http://www.stroke.org>

Private Duty Home Care
Companionship • Light Housekeeping
Meal Preparation • Personal Care

Geriatric Care Management
Comprehensive Care Planning • Medical Advocacy
Liaison for Families at a Distance

Partners in Senior Care, Inc.
*Our mission is the quality delivery
of care services to the senior population.*

847-548-1330
www.partnersinseniorcare.com

IDPH Home Service Agency License #3000139 • IDPH Home Nursing Agency License #4000114