

# Level of Care Chart

	Independent	Minimum Assist	Stand-By Assist	Hands-On Assist	Total Assist
Emergency Situations	Independent in an emergency. Able to negotiate stairs in an emergency.	Able to respond in an emergency.	May need assistance in an emergency.	Needs assistance in an emergency.	Needs supervision in an emergency.
Mobility	Walks and transfers independently.	Walks/transfers independently. Infrequent falls.	Transfer: stand-by assist may be needed. Falls frequently.	Transfer: one person assist usually needed.	Transfer: mechanical lift/two-person transfer/bedfast.
Activities of Daily Living • Bathing • Dressing • Toilet Use • Grooming • Takes Medications • Feed Self • Communicates	Able to accomplish all without intervention. Meals/housekeeping assistance helpful	Needs some assistance with bathing and dressing. Needs medication reminders. Meals/nutrition/housekeeping assistance helpful.	Needs reminders and cues. Medication management helpful. Occasional incontinence assistance. Bathing set-up helpful. Meals/nutrition/housekeeping assistance helpful.	Verbal cues to hands-on assistance. Medication management needed. Incontinence management. Bathing assistance needed. Meals/nutrition/housekeeping assistance needed.	Total assistance in all areas.
Socialization	Able to independently plan social activities.	Would benefit from socialization and activities. Minor encouragement.	Reminders/encouragement to participate in activities.	Encouragement/escort to participate in social activities.	Encouragement/escort to activities or one-on-one activities or visits.
Mental Status	Oriented to self. No memory impairment.	Oriented to self. Little memory impairment.	Mild memory impairment. Sometimes disoriented.	Impaired memory. Poor orientation. Mild confusion.	Needs 24-hour supervision.
Family Concerns	Does not medically "need" assist or care.	Family slightly concerned.	Family concerned.	Family very concerned; have to do something.	Needs continuous assistance.
Care Recommendation	Recommended: 4 hrs. 2-3X/week for socialization and minimal homemaking assist.	Recommended 5 hrs. 2-4X/week for socialization and homemaking assist.	Recommended 6-8 hrs. 4-7X/week for socialization, meals, personal assist and homemaking.	Recommended 8-12 hrs. 5-7X/week for socialization, meals, personal assist and homemaking.	Recommended 24 hrs. 7X/week for safety, socialization, meals, full assist and homemaking.

**STAYING AT HOME IS APPROPRIATE**

**PLACEMENT IN A SENIOR LIVING COMMUNITY IS APPROPRIATE**

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