

# Gifts for Safety and Comfort



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## Gifts for Safety

- ◆ Medication compartment boxes, boxes with reminder alarms, alarm watches.
- ◆ Driver's Safety Classes. Check out: [www.aarp.org/families/driver\\_safety](http://www.aarp.org/families/driver_safety) to find classes in your area. Many automobile insurance companies also have programs—check with agent
- ◆ Installing door alarms for wanderers. Available at RadioShack and [www.improvementscatalog.com](http://www.improvementscatalog.com)
- ◆ Alzheimer's Association's Safe Return Program (pay the enrollment fee) [www.alz.org/SafeReturn](http://www.alz.org/SafeReturn) (800) 272-3900
- ◆ Emergency Response Systems (Go on-line to find coupons for free installation and discounts)
- ◆ Motion activated lights for path to bathroom, [www.improvementscatalog.com](http://www.improvementscatalog.com)
- ◆ An electric tea kettle with automatic shut-off
- ◆ For those who cannot/will not use a microwave oven: The Euro-Pro toaster oven has a timer control for automatic shut-off and is large enough for meals-on-wheels pans and frozen dinners. Available at most department stores.
- ◆ Cell phone & air time! Jitterbug offers Samsung® senior friendly models and month-to-month service plans starting at \$10 [www.jitterbug.com](http://www.jitterbug.com) 1-866-829-4527

## Gifts to Improve Memory and Cognitive Function:

- ◆ Crossword Puzzle Books (word search, Sudoku)
- ◆ Hand-held video games such as Solitaire, Bingo (also helps with dexterity)
- ◆ Board games – take time to play , i.e. Tri-ominoes, Tangos, jigsaw puzzles with large pieces, or board games such as Life Stories or Reminisce.
- ◆ Books on Tape or MP3 players (books can be downloaded from the local library for little to no financial outlay) old radio show cassettes that can be played on an inexpensive tape player (Find these at Cracker Barrel)
- ◆ Reminiscence Magazine: <http://www.reminisce.com/>

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# Gifts for Safety and Comfort

## Gifts for Comfort and Sensory Stimulation (Moderate to severe cognitive impairment)

- ◆ Fidget and 'busy box' toys. Check out: Beyond Play [www.beyondplay.com](http://www.beyondplay.com)
- ◆ Pillows and throws in unusual textures, stuffed animals, and small sculptures
- ◆ A new bathrobe
- ◆ 'Pillow pal' for something to cuddle that supports aching backs or something uniquely entertaining like a singing stuffed animal.
- ◆ Potpourri, flameless scented candles/tart warmers and scented bath items—lavender scent is calming for "sundowning"—spray on pillowcase at bedtime or tuck a sachet in nightgown drawer or between linens.
- ◆ Music box, wind chimes, portable radio or TV, audiotapes, or an audio-clock
- ◆ Shatter resistant magnifying glass
- ◆ Creative ceiling decorations for someone living in a small space such as kites, posters, or mobiles.
- ◆ Buckwheat neck pillow for when sitting in wheelchair or geri-chair
- ◆ Microwaveable heating pads
- ◆ Wheelchair Accessories - backpacks, oxygen carriers, rim covers, brake extensions, trays and seat cushions.
- ◆ Inexpensive amplifier headset (size of a small cassette player) for those who can't or won't use but need a hearing aid.
- ◆ RadioShack's Clarity line of telephones designed for hearing enhancement

From: <http://www.caremanager.org>

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